



# 2024 Essentials for a Rewarding Neurosurgical Career

January 20-21, 2024 · Dallas, TX

## Course Description

This 2 day course is intended for the chief resident, post-graduate fellow or recent residency graduate embarking on their neurosurgical career. The course will address business, organization and navigation strategies for early and enduring individual success. The format promotes interaction with faculty and peers through focused lectures, question and answer sessions, small group discussions, and a networking cocktail hour and dinner. The concepts and strategies that are provided will be applicable to those starting in community practice, academic practice, military practice and those in other government neurosurgical positions.

## Learning Objectives

Upon completion of this course, participants will be able to:

- Implement systematic processes to establish effective physician-patient relationships that translate to an improvement in patient outcomes, patient safety, and patient satisfaction while reducing medical errors and their legal implications
- Describe indications (and the lack thereof) for surgery for various neurosurgical disorders commonly encountered in clinical practice.
- Identify techniques and methods to become more productive and an effective contributor in your new work environment/partnership/practice.
- Identify strategies to help establish a career focus in conjunction with your clinical work while maintaining balance with your health (mental and physical), other important responsibilities and passions

## Accreditation Statement

The Congress of Neurological Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## Credit Designation Statement

The CNS designates this live activity for a maximum of **13.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



# Congress of Neurological Surgeons

## Reviewers:

Tiffany Akash Patel, MD  
Hodges, MD

## Planners:

Ashok R. Asthagiri, Mark N. Hadley,  
MD MD, FACS

## Faculty:

Brian Asmussen, Javier Garcia-Bengochea, Olabisi Sanusi, MD, Christopher Winfree,  
MBA, FACHE MD BSC MD  
J. Nicole Bentley, Steven Kalkanis, MD Nader Pouratian,  
MD MD, PhD

## AGENDA

### Saturday, January 20, 2024

7:15 - 7:45 am

#### **Small-Group Breakfast & Introductions**

7:45 – 8:00 am

#### **Introductory Remarks**

Mark N. Hadley, MD, FACS, University of Alabama at Birmingham  
Ashok R. Asthagiri, MD, University of Virginia

8:00 – 8:40 am

#### **After Residency: What Happens Now?**

Case Submission in ABNS-POST, Oral Boards and Continuous Certification  
Steven Kalkanis, MD, Henry Ford Health System

8:40 – 9:20 am

#### **Balancing Your Passions: Mindfulness, Physical Health & Family Life**

Mark N. Hadley, MD, FACS, University of Alabama at Birmingham

9:20 – 10:00 am

#### **Transition to Practice**

Olabisi Sanusi, MD, BSC, Oregon Health & Science University



10:00 – 10:10 am

**Break**

10:10 – 10:40

**On the Value of Mentorship and Maintaining a Peer Network**

Ashok R. Asthagiri, MD, University of Virginia

10:40 - 11:20

**Contributing to the Field: Early Steps in Establishing a Subspecialty Interest and/or Research Focus**

J. Nicole Bentley, MD, University of Alabama at Birmingham

11:20 – 12:00 pm

**Pathway to Leadership**

Mark N. Hadley, MD, FACS, University of Alabama at Birmingham

12:00 – 12:50 pm

**LUNCH**

**Non CME Symposium: Healthcare Economics and Reimbursement in Neurosciences**

Brian T. Asmussen, MBA, FACHE

12:50 – 1:30 pm

**Working with Your Senior Partner, Chairman and Hospital Administration**

Nader Pouratian, MD, PhD, UT Southwestern Medical Center

1:30 – 2:10 pm

**Managing Relationships with Industry**

Javier Garcia-Bengochea, MD, Lyerly Neurosurgery

2:10 – 2:50 pm

**Interdepartmental Collaboration and Multidisciplinary Initiatives**

J. Nicole Bentley, MD, University of Alabama at Birmingham

2:50 – 3:00 pm

**Break**

3:00 – 3:40 pm

**Social Media, Marketing & Your Practice**

Nader Pouratian, MD, PhD, UT Southwestern Medical Center

3:40 – 4:20 pm



**Latrogenic Injuries: Mine and Yours**

Chris Winfree, MD, Columbia University

4:20 – 5:00 pm

**“Unbundling” Hospital Employment: Beyond the RVUs**

Javier Garcia-Bengochea, Lyerly Neurosurgery

5:00 – 6:30 pm

**Break**

**Dinner:**

**Perry’s Steakhouse and Grille**

6:30 – 7:00 pm

**Cocktails – Non-CME**

7:00 – 9:00 pm

**Dinner**

**Faculty Discussion Topics**

Mentorship transitions – identifying one & being one

Maintaining harmony in your office and getting the most from your employees

On achieving a balance at work: prioritizing and maintaining your ambitions & fighting the wRVU mentality

Streamlining your work life

Understanding Healthcare Policy and How It Affects You

**Sunday, January 21, 2024**

7:30 – 8:00 am

**Breakfast**

Small Group Discussions

**Getting involved in Organized Neurosurgery**

8:00 – 8:40 am

**Personal Finance for the Neurosurgeon**

Chris Winfree, MD, Columbia University

8:40 – 9:20 am



**Practical considerations in your practice: Keeping up to date with literature; The import of Publishing and Reviewing**

Ashok R. Asthagiri, MD, University of Virginia

9:20 – 10:00 am

**Panel Discussion**

Lessons Learned – The one thing I wish I had known when I started

10:00 am

**Concluding Remarks**

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**RELEVANT CONFLICT OF INTEREST DISCLOSURES**

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**CNS Disclosure Policy**

The Congress of Neurological Surgeons controls the content and production of this CME activity and attempts to ensure the presentation of balanced, objective information. In accordance with the Standards for Integrity and Independence in Accredited Continuing Education established by the Accreditation Council for Continuing Medical Education (ACCME), speakers are asked to disclose all relationships they have with ineligible companies\* over the previous 24 months which may be related to the content of their lecture. Speakers who have disclosed a relationship with an ineligible company whose products may have relevance to their presentation are listed below.

**Any planner, reviewer, or faculty member not on the disclosure list has reported they have nothing to disclose.**

**All relevant financial relationships listed for these individuals have been mitigated.**

*\*Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. An ineligible company is not eligible for ACCME accreditation or participation in Joint Providership.*

*Agenda and faculty subject to change*

**Reviewers**

Individual's Name	Name(s) of Ineligible Company	Nature of Relationship(s)
Tiffany Hodges		Nothing to Disclose
Akash Patel		Nothing to Disclose

**Faculty**

Individual's Name	Name(s) of Ineligible Company	Nature of Relationship(s)
Nader Pouratian	Abbott	Consulting Fee



	Sensoria Therapeutics	Consulting Fee
Javier Garcia-Bengochea	NuVasive	Consulting Fee
		Royalty

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## EDUCATION GRANTS & IN-KIND EQUIPMENT

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**Commercial Support:**

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<b>Sunstone Wealth</b>	No	Yes
<b>Integra LifeSciences Corporation</b>	No	Yes